

Through your kindness...

Your support made a profound impact on the women we served in crisis this past year. We experienced unprecedented need for our services as we welcomed 1,400 women in over 18,000 visits through the doors of our six centers. At Hope, they encountered a safe space to receive our services and discover their true value and worth. Whether they came needing job training or material assistance, support groups or mentorship, we met each individual woman on her journey and directed them on a path toward healing and wholeness.

Everything we offer at Hope is free of cost, and this happens because of you. Your partnership meant new life to the women and teen girls who came to us escaping trauma, abuse and poverty. With your help, we shared a resounding message that reached women across Arizona, proclaiming: "You matter. And you're not alone."



Hope Equips

Our educational program offers life skills classes like financial literacy, job training, parenting and abuse recovery to equip our clients with resources and knowledge.



Hope Empowers

Mentorship is a key component of the transformational process that happens here. Our holistic, trauma-informed program matches volunteer mentors with women seeking emotional and spiritual healing from the widespread effects of abuse, trauma and neglect.



Hope Provides

We help meet immediate, tangible needs through material assistance of items like food, clothing and toiletries. Our unique point-system encourages our clients to be active participants as they accrue points to purchase items they need.



Hope at Work

This program equips with job and financial literacy classes, soft skills training, career coaching, internship opportunities, and entrepreneurial opportunities -- with the goal of seeking, securing, and sustaining employment.



Meet a Life You've Touched

It takes just one transformed life to begin to break generational cycles of abuse and poverty.

Just one.

Around here, we call these women “cycle breakers”, and we believe they have a holy calling to end patterns of destruction and pain. We recently had the joy of celebrating with Sarah* as she marked a year and a half milestone of sobriety. The path toward sobriety is deeply personal and hard-won, and it is a true honor to walk alongside women like Sarah as they work to achieve and maintain it.

When Sarah first came to Hope, she was thin and frail, despite being a month from her due date. She could barely make eye contact with anyone and was so clearly burdened with shame over her past and her addiction. It was written all over her body language and her face. She was thirty days sober, pregnant and homeless. It was the most vulnerable moment of her life. And here she was, standing before us, desperate for a lifeline.

“I DIDN'T HAVE ANYWHERE TO GO AND I HAD NO REASON FOR LIVING ANYMORE, BUT WHEN I CAME TO HOPE, THEY HELPED GIVE ME A REASON TO KEEP LIVING.”

Sarah shared that she had experienced significant loss and trauma in her life. As a young teen, she was introduced to drugs and in no time fell victim to their fleeting ability to numb her pain. Her addiction began destroying everything good in her life. She got pregnant and had her first child as a teenager. She had no option but to drop out of school to parent. Her life continued to spiral down a dark and destructive path.

In God's goodness, this path eventually led Sarah to us. We welcomed her fully and began meeting her immediate needs as she prepared to welcome her child. She began taking life skills classes, entered our Hope Heals program and got connected with a mentor. She eventually began working as part of our job training program and is still employed and thriving in her job.

Today, Sarah is a single mom that is growing in her faith and is beginning to re-establish relationships with her estranged family and older children. With Hope's guidance, she is reaching goals like finishing her GED that will allow her to be self-sufficient as she builds her new life. The baby that was inside of her weakened body when she arrived is now 18 months old and is thriving. She is active in her church and is using her own journey for redemption as she encourages other women in Hope's programs on their paths toward recovery.

Sarah is full of joy and hope – a far cry from the person that first came to us. And she is an incredible testimony of the reason Hope exists.

“HOPE PROVIDED ME LOVING SUPPORT AND THEY HAVE BECOME THE FAMILY I NEVER HAD. COMING TO HOPE WAS THE BEST DECISION I HAVE EVER MADE!”

